# FOUR FUNCTIONS OF BEHAVIOR

## Attention

When your child engages in a behavior, does it result in your (or other's) attention? Engaging in conversation, yelling, trying to help them solve a simple problem, etc.

### Escape/Avoidance



Have your asked your child to do something? Is the behavior they are engaging in allowing them to escape or delay having to do what you've asked? Keep in mind that it may be something they don't want to do or something that is too difficult.

#### Access/Tangible



When your child engages in a behavior does it result in them getting access to a certain item, activity, location, or person?

#### Sensory/Automatic



Is your child engaging in a behavior that feels good? Soothes them? Givens them sensory input that helps them to calm or regulate or otherwise stimulate themselves?